

Minutes from the Craven and Harrogate Local Area Group

	<p>These are the minutes for the Craven and Harrogate Local Area Group meeting</p>
	<p>We met at Chain Lane Community Centre in Knaresborough on Friday 8th February 2019</p>
	<p>Introductions: Christopher and Katie welcomed everyone to the meeting.</p> <p>Everyone introduced themselves.</p>
	<p>Minutes and action points from last meeting on 5 October 2018</p> <p>Katie read the minutes from October and we went through the actions from our last meeting. The Action Log is attached.</p>
	<p>Group Activity 1: What does having a good life mean to you? We had a group discussion about what it means to have a good life and things that stop us from having a good life. Notes are attached.</p>



80 High Street, Harrogate:

Jaqui Smith said the respite service at 80 High Street, Starbeck will move to Station View by the end of June and will have a new name.

From April respite and short breaks will be available to anyone who needs them. This means the service will not just be for people with a learning disability. For more information please contact jaqui.smith@northyorks.gov.uk

Keeping Safe



Group Activity: Keeping Safe

We had a group discussion about what it means to be safe. The notes are attached.



North Yorkshire Health Task group

Christopher gave feedback from the North Yorkshire Health Task Group. Christopher's presentation is attached with these minutes.

We also discussed STOMP. This is about stopping over medicating people with learning disabilities and encouraging them to have regular medication reviews.



Live Well Live Longer Draft Action Plan

Karen told the group about the Live Well Live Longer Delivery. There are 3 plans we are working on at the moment:

- Easy Read
- Self-advocacy
- Health Action plans



Update from the Harrogate Learning Disability health team

Elaine talked how her role has changed and she will be educating GP practices about the importance of health action plans for people with Learning Disabilities.



The NHS England 10 year plan came out in January 2019. We hope the plan will help improve understanding of learning disability and autism in the NHS. We hope it will also lead to better screening for cancer and annual health checks.



Bradford Foundation Health Care Trust support people living in Craven. The local learning disability health team provide some really good training for support workers and health professionals.



Making Minutes & agendas easier

Jamie talked about the different groups that link to the Partnership Board.

We talked about ways to make the agenda and minutes the same for all of the groups.

Group Suggestions:

Names in the agenda will be changed to **bold**.



The Title of the Agenda should be at the top in big letters like on the minutes.

Minutes are best in the Quick Look format but we worried that having less information means we could lose something important.



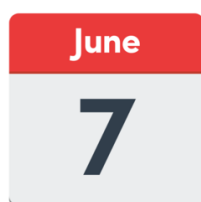
The Action Log could be used for details with a red, amber, green 'traffic light' system.



Information exchange

Issues for the Partnership Board

- Share today's group work about support & trust needed for people with learning disabilities to have a good and a safe life.
- Not enough self-advocates at our meeting today (Skipton have many more advocates) and this is on our action plan.



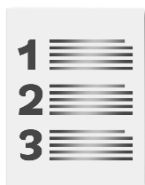
Next Meeting

Our next meeting will be on Friday 7 June 2019 at Herriot's Hotel in Skipton.

These people attended our meeting today

- Christopher Porter – Self advocate co-chair
- Katie Peacock – Independent co-chair (Exclusively Inclusive)
- Sam Suttar – Self-Advocate
- Natasha Nathan – Self-Advocate
- Eleanor Borkett – Parent and Carer
- Elaine Crofts – Health Facilitation Nurse, NHS
- Karen Murray – KeyRing Manager
- Jacqueline Smith – Learning Disability Manager, NYCC
- Helen Sams – North Yorkshire County Council
- Jamie Bannister – North Yorkshire County Council
- Anna Hunt – NYCC Business Support

Craven and Harrogate Local Area Group Action Log



These are the action points we discussed at the February 2018 meeting.



1. Encourage more people to join our group, especially younger people. We had lots of ideas but agreed to leave this action on the list (Orange).



2. Invite local commissioners to our meetings Helen Sams in the new local commissioner and will come to our meetings. This action is completed (Green).



3. Agree how to share information on housing and social care as discussed at May 2017 meeting. This action is completed (Green).



4. Invite someone to talk about housing at our May meeting. Katie will invite James from Yorkshire Housing to the Craven consulting group (Orange).



5. Have a cancer screening info session for Craven and Harrogate. Elaine Crofts told us a lot of funding is needed to run sessions so we need to plan how to do that.

She suggested setting up a planning group. Karen will discuss with Vicky Donnelly and share this information at our next meeting.